



2024-2025 MEGA-DC TEAM SCHEDULE

August 26, 2024 - June 13, 2025

Gym Closures: Aug 31- Sept 2

Oct 31

Nov 27-Dec 1

Dec 23-Jan 3

Apr 14-20

May 24-26

Updated 2/29/24

Class	# Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PRETEAM (5hrs)	5		5:00pm-7:30pm		5:00pm-7:30pm		
XCEL BRONZE	5		5:00-7:30pm		5:00-7:30pm		
LEVEL 2	6.5		5:00-8:15pm		5:00-8:15pm		
XCEL SILVER	8.75		5:00-8:15pm		5:00-7:30pm		9:00-12:00
LEVEL 3	9.5		5:00-8:15pm		5:00-8:15pm		9:00-12:00
XCEL GOLD	11	4:45-8:45pm		4:45-8:45pm			9:00-12:00
XCEL PLATINUM	11	4:45-8:45pm		4:45-8:45pm			9:00-12:00
XCEL DIAMOND	16	4:45-8:45pm		4:45-8:45pm		4:45-8:45pm	11:30-3:30
LEVEL 4	14	4:45-8:45pm		4:45-8:45pm		4:45-7:45pm	9:00-12:00
LEVEL 5	15	4:45-8:45pm		4:45-8:45pm		4:45-7:45pm	11:30-3:30
LEVEL 6	16	4:45-8:45pm		4:45-8:45pm		4:45-8:45pm	11:30-3:30
LEVEL 7	16	4:45-8:45pm		4:45-8:45pm		4:45-8:45pm	11:30-3:30
LEVEL 8	16	4:45-8:45pm		4:45-8:45pm		4:45-8:45pm	11:30-3:30
LEVEL 9	16	4:45-8:45pm		4:45-8:45pm		4:45-8:45pm	11:30-3:30