



2024 MEGA-DC TEAM SUMMER SCHEDULE

June 24, 2024 - August 17, 2024

Gym Closures:

July 4-7

Aug 19-25

Updated 2/29/24

Class	# Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PRETEAM	3.5		5:45-7:30pm		5:45-7:30pm		
XCEL BRONZE	5		5:00-7:30pm		5:00-7:30pm		
LEVEL 2	5		5:00-7:30pm		5:00-7:30pm		
XCEL SILVER	8.75	1:00-4pm	5:00-8:15pm		5:00-7:30pm		
LEVEL 3	9.5	1:00-4pm	5:00-8:15pm		5:00-8:15pm		
XCEL GOLD	12	4:45-8:45pm		4:45-8:45pm		9:30-1:30pm	
XCEL PLATINUM	12	4:45-8:45pm		4:45-8:45pm		9:30-1:30pm	
XCEL DIAMOND	16	4:45-8:45pm		4:45-8:45pm	12:00-4pm	9:30-1:30pm	
LEVEL 4	15	1:00-4pm		4:45-8:45pm	12:00-4pm	9:30-1:30pm	
LEVEL 5	16	4:45-8:45pm		4:45-8:45pm	12:00-4pm	9:30-1:30pm	
LEVEL 6	16	4:45-8:45pm		4:45-8:45pm	12:00-4pm	9:30-1:30pm	
LEVEL 7	16	4:45-8:45pm		4:45-8:45pm	12:00-4pm	9:30-1:30pm	
LEVEL 8	16	4:45-8:45pm		4:45-8:45pm	12:00-4pm	9:30-1:30pm	
LEVEL 9	16	4:45-8:45pm		4:45-8:45pm	12:00-4pm	9:30-1:30pm	